



Paradigm Change

M.E. Sufferers

RESEARCH LITERATURE

Illness Course

Sulheim D, Hurum H, Helland IB, Thaulow E, Wyller VB. Adolescent chronic fatigue syndrome; a follow-up study displays concurrent improvement of circulatory abnormalities and clinical symptoms. *Biopsychosoc Med*. 2012 Mar 21;6:10. PMID: 22436201

The majority of adolescents with CFS experienced an improvement over time in functional impairment, self-reported fatigue and additional symptoms, and a concurrent improvement of autonomic cardiovascular control.

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Brown MM, Bell DS, Jason LA, Christos C, Bell DE. Understanding long-term outcomes of chronic fatigue syndrome. *J Clin Psychol*. 2012 Sep;68(9):1028-35. PMID: 22753044

Of a group of 25 participants diagnosed with CFS 25 years ago, 5 self-reported that they maintained a diagnosis of CFS, while 20 reported no longer having a diagnosis. However, those who remitted from CFS showed significantly more impairment on 21 out of 23 outcomes compared with controls.

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Katz BZ, Jason LA. Chronic fatigue syndrome following infections in adolescents. *Curr Opin Pediatr*. 2013 Feb;25(1):95-102. PMID: 23263024

The prognosis of CFS is better in adolescents than in adults. Activity level, exercise tolerance, and orthostatic testing could not distinguish patients with CFS from adolescents who have recovered from infectious mononucleosis (controls), while certain cytokine network analyses, life stress factors, and autonomic symptoms could.

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Racciatti D, Gorgoretti V, Sepede G, Gambi F, Pizzigallo E. An Italian study on health-related quality of life and fatigue in patients with chronic fatigue syndrome and patients



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with chronic HCV virus infection: similarities and differences. *Int J Immunopathol Pharmacol.* 2011 Jul-Sep;24(3):673-81. PMID: 21978699

CFS patients had a higher level of fatigue and a more greatly reduced health-related quality of life than chronic hepatitis C patients.

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Jason LA, Porter N, Hunnell J, Rademaker A, Richman JA. CFS prevalence and risk factors over time. *J Health Psychol.* 2011 Apr;16(3):445-56. PMID: 21224330

Over a 10 year period, rate of CFS remained approximately the same, although a high level of mortality was found (18% of those with medical or psychiatric exclusions group, 12.5% for the CFS group). Physical measures of disability and fatigue, along with measures of specific somatic symptoms, better differentiate individuals who later are diagnosed with CFS than more psychosocial measures such as stress and coping.

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Ciccone DS, Chandler HK, Natelson BH. Illness trajectories in the chronic fatigue syndrome: a longitudinal study of improvers versus non-improvers. *J Nerv Ment Dis.* 2010 Jul;198(7):486-93. PMID: 20611051

People who have CFS and fibromyalgia were found to be less likely to improve over time than people who have CFS alone.

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Brown MM, Jason LA. Functioning in individuals with chronic fatigue syndrome: increased impairment with co-occurring multiple chemical sensitivity and fibromyalgia. *Dyn Med.* 2007 May 31;6:6. PMID: 17540028

Patients who have CFS plus Fibromyalgia or Multiple Chemical Sensitivity were more disabled than patients with just CFS.

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Huibers MJ, Leone SS, Kant IJ, Knottnerus JA. Chronic fatigue syndrome-like caseness as a predictor of work status in fatigued employees on sick leave: four year follow up study. *Occup Environ Med.* 2006 Aug;63(8):570-2. PMID: 16698810



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CFS-like cases at baseline were three times more likely to be unable to work at follow up than fatigued employees who did not meet CFS criteria at baseline (ORs 3-3.3).

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Solomon L, Nisenbaum R, Reyes M, Papanicolaou DA, Reeves WC. Functional status of persons with chronic fatigue syndrome in the Wichita, Kansas, population. *Health Qual Life Outcomes*. 2003 Oct 3;1:48. PMID:14577835

Persons with chronic fatigue syndrome are as impaired as persons whose fatigue could be explained by other medical or psychiatric conditions, and they have less energy than non-fatigued controls.

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Nisenbaum R, Jones JF, Unger ER, Reyes M, Reeves WC. A population-based study of the clinical course of chronic fatigue syndrome. *Health Qual Life Outcomes*. 2003 Oct 3;1:49. PMID: 14613572

A population of CFS patients in Wichita, Kansas, was followed for three years. Only 20%-33% of the subjects were classified as having CFS at follow-up, 56.9% ever experienced partial or total remission, 10% sustained total remission, and 23.1% received alternative diagnoses, of which 20% were sleep disorders. Higher fatigue severity scores and total number of symptoms were negatively associated with ever remitting. Duration of illness < or = 2 years was positively associated with sustained remission. Unrefreshing sleep persisted in at least 79% of the subjects across all periods but, as with most of the CFS symptoms, tended to be less frequent over time.

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Nisenbaum R, Jones A, Jones J, Reeves W. Longitudinal analysis of symptoms reported by patients with chronic fatigue syndrome. *Ann Epidemiol*. 2000 Oct 1;10(7):458. PMID: 11018368

Researchers interviewed CFS patients in Wichita, Kansas, about their histories. Symptoms fluctuated over the course of illness. However, only stomach pain (non-CFS symptom) was more likely to be reported as duration of illness increased ($p < 0.05$). There was no association between onset type and the likelihood of reporting a symptom during an interview, except that chills and severe headaches were more likely to be reported by sudden cases.

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Wagner-Raphael LI, Jason LA, Ferrari JR. Chronic fatigue syndrome, chronic fatigue, and psychiatric disorders: predictors of functional status in a national nursing sample. *J Occup Health Psychol.* 1999 Jan;4(1):63-71. PMID: 10100114

In a population of nurses, impairments in physical, role, and social functioning increased as fatigue severity increased. Bodily pain increased as fatigue severity increased, and ratings of overall health increased as severity of fatigue decreased. Nurses with fatigue not meeting CFS criteria reported better quality of life than those with CFS or medical exclusions.

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Wagner LI, Jason LA. Outcomes of occupational stressors on nurses: chronic fatigue syndrome--related symptoms. *Nursingconnections.* 1997 Fall;10(3):41-9. PMID:9397874

A sample of 3400 nurses who belong to a statewide or a national nurses organization were questioned about possible CFS issues.

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Naess H, Sundal E, Myhr KM, Nyland HI. Postinfectious and chronic fatigue syndromes: clinical experience from a tertiary-referral centre in Norway. *In Vivo.* 2010 Mar-Apr;24(2):185-8. PMID: 20363992

CFS patients with initial infection as a precipitating factor more often report acute onset of fatigue, more frequent accompanying symptoms, and more frequent improvement on referral than do patients without initial infection.

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Lavergne MR, Cole DC, Kerr K, Marshall LM. Functional impairment in chronic fatigue syndrome, fibromyalgia, and multiple chemical sensitivity. *Can Fam Physician.* 2010 Feb;56(2):e57-65. PMID: 20154232

In a CFS patient population, (68.8%) had stopped work, and on average this had occurred 3 years after symptom onset. Patients had markedly lower functional scores than population average values, more so when they had 2 or 3 of these diagnoses. Having fibromyalgia, younger age at onset, and lower socioeconomic status were most consistently associated with poor function.

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Vandenbergen J, Vanheule S, Desmet M, Verhaeghe P. Unexplained chronic fatigue and interpersonal problems: a study in a primary care population. *Int J Psychiatry Med.* 2009;39(3):325-40. PMID: 19967903

Compared to patients with a minor medical condition, CFS patients in Belgium were substantially more fatigued and more socially withdrawn. CFS patients and physicians proved to differ in their opinion on the patient's motivation.

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Friedberg F, Sohl SJ. Longitudinal change in chronic fatigue syndrome: what home-based assessments reveal. *J Behav Med.* 2009 Apr;32(2):209-18. PMID: 19101789

After two years, only 20% of subjects meeting the criteria for CFS scored in the healthy adult range for fatigue impact and physical function.

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Lowry TJ, Pakenham KI. Health-related quality of life in chronic fatigue syndrome: predictors of physical functioning and psychological distress. *Psychol Health Med.* 2008 Mar;13(2):222-38. PMID: 18350466

CFS has a pervasive negative impact on quality of life, particularly physical and psychological functioning.

Illness Context

Marques M, De Gucht V, Leal I, Maes S. A cross-cultural perspective on psychological determinants of chronic fatigue syndrome: a comparison between a portuguese and a dutch patient sample. *Int J Behav Med.* 2013 Jun;20(2):229-38. PMID: 22972378

Samples of Dutch vs. Portuguese CFS patients were compared.

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Wiborg JF, van der Werf S, Prins JB, Bleijenberg G. Being homebound with chronic fatigue syndrome: A multidimensional comparison with outpatients. *Psychiatry Res.* 2010 May 15;177(1-2):246-9. PMID: 20207012



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Homebound patients form a distinct subgroup of CFS patients who might profit from a treatment approach that is tailored to their specific needs.

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Jelbert R, Stedmon J, Stephens A. A qualitative exploration of adolescents' experiences of chronic fatigue syndrome. *Clin Child Psychol Psychiatry*. 2010 Apr;15(2):267-83. PMID: 20179018

Five adolescents who were considered to have recovered from CFS participated in semistructured interviews regarding their experience.

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Allen PR. Chronic fatigue syndrome: implications for women and their health care providers during the childbearing years. *J Midwifery Womens Health*. 2008 Jul-Aug;53(4):289-301; quiz 399. PMID:18586181

Guidelines for the care of women with CFS during pregnancy, labor and birth, lactation, and the postpartum period are presented.

*

Kelly M, Gagne R, Newman JD, Olney C, Gualtieri C, Trail D. Assessment of fibromyalgia & chronic fatigue syndrome: a new protocol designed to determine work capability--chronic pain abilities determination (CPAD). *Ir Med J*. 2008 Oct;101(9):277-8. PMID: 19051616

The authors designed a protocol to assess work ability in people suffering "ill-defined painful and disabling disorders, the outstanding prototype of which is fibromyalgia/chronic fatigue syndrome."

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Vervoort T, Crombez G, Buysse A, Goubert L, Backer TD, Ickes W. Brief report: The accuracy of parents for the thoughts and feelings of their adolescent suffering from chronic fatigue: a preliminary study of empathy. *J Pediatr Psychol*. 2007 May;32(4):494-9. PMID: 17012438

Parents were significantly less accurate regarding the adolescent's thoughts and feelings about CFS than about other life events.



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van de Putte EM, van Doornen LJ, Engelbert RH, Kuis W, Kimpen JL, Uiterwaal CS. Mirrored symptoms in mother and child with chronic fatigue syndrome. *Pediatrics*. 2006 Jun;117(6):2074-9. PMID: 16740850

Psychologic distress in the mother corresponds with an adjusted odds ratio of 5.6 for the presence of CFS in the child.

Coping

Arroll MA, Howard A. 'The letting go, the building up, [and] the gradual process of rebuilding': identity change and post-traumatic growth in myalgic encephalomyelitis/chronic fatigue syndrome. *Psychol Health*. 2013;28(3):302-18. PMID: 22963543

Researchers did in-depth interviews to determine how CFS sufferers coped with their illness over time.

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Knudsen A, Lervik L, Harvey S, Løvvik C, Omenås A, Mykletun A. Comparison of chronic fatigue syndrome/myalgic encephalopathy with other disorders: an observational study. *JRSM Short Rep*. 2012 May;3(5):32. PMID: 22666529

CFS/ME online forums had more than ten times the relative activity of any other disorder or condition related forum.

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Lattie EG, Antoni MH, Fletcher MA, Penedo F, Czaja S, Lopez C, Perdomo D, Sala A, Nair S, Fu SH, Klimas N. Stress management skills, neuroimmune processes and fatigue levels in persons with chronic fatigue syndrome. *Brain Behav Immun*. 2012 Aug;26(6):849-58. PMID: 22417946

CFS patients having greater perceived stress management skills show less emotional distress and fatigue, and the influence of stress management skills on distress and fatigue appear greatest among patients who have elevated IL-6 levels.

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Nater UM, Maloney E, Lin JM, Heim C, Reeves WC. Coping styles in chronic fatigue syndrome: findings from a population-based study. *Psychother Psychosom.* 2012;81(2):127-9. PMID: 22301698

Coping styles of CFS patients are explored.

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Evering RM, van Weering MG, Groothuis-Oudshoorn KC, Vollenbroek-Hutten MM. Daily physical activity of patients with the chronic fatigue syndrome: a systematic review. *Clin Rehabil.* 2011 Feb;25(2):112-33. PMID: 20943713

Patients with chronic fatigue syndrome appear to be less physically active compared with asymptomatic controls. There is no difference in variation of physical activity levels between patients with chronic fatigue syndrome and healthy control subjects, but the validity and reliability of some methods of measuring physical activity is questionable or unknown.

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Poppe C, Crombez G, Hanoulle I, Vogelaers D, Petrovic M. Mental quality of life in chronic fatigue is associated with an accommodative coping style and neuroticism: a path analysis. *Qual Life Res.* 2011 Oct 29. PMID: 22038396

An accommodative coping style (e.g. acceptance) is related to a better mental health-related quality of life in patients with CFS.

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Brown MM, Brown AA, Jason LA. Illness duration and coping style in chronic fatigue syndrome. *Psychol Rep.* 2010 Apr;106(2):383-93. PMID: 20524538

CFS patients who had been sick for a long time reported higher use of active coping, positive reframing, planning, and acceptance, and lower use of behavioral disengagement.

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Drachler Mde L, Leite JC, Hooper L, Hong CS, Pheby D, Nacul L, Lacerda E, Campion P, Killett A, McArthur M, Poland F. The expressed needs of people with chronic fatigue



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syndrome/myalgic encephalomyelitis: a systematic review. BMC Public Health. 2009 Dec 11;9:458. PMID: 20003363

Studies of CFS patients showed the following: 1) The need to make sense of symptoms and gain diagnosis, 2) for respect and empathy from service providers, 3) for positive attitudes and support from family and friends, 4) for information on CFS/ME, 5) to adjust views and priorities, 6) to develop strategies to manage impairments and activity limitations, and 7) to develop strategies to maintain/regain social participation.

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Donalek JG. When a parent is chronically ill: chronic fatigue syndrome. Nurs Res. 2009 Sep-Oct;58(5):332-9. PMID:19752673

Interviews probed how families cope with CFS in one of the parents.

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Boneva RS, Lin JM, Maloney EM, Jones JF, Reeves WC. Use of medications by people with chronic fatigue syndrome and healthy persons: a population-based study of fatiguing illness in Georgia. Health Qual Life Outcomes. 2009 Jul 20;7:67. PMID:19619330

More than 90% of persons with CFS used at least one drug or supplement within the preceding two weeks. Among users, people with CFS used an average of 5.8 drugs or supplements, compared to 4.1 by generally unwell subjects and 3.7 by well controls. Persons with CFS were significantly more likely to use antidepressants, sedatives, muscle relaxants, and anti-acids. In addition, persons with CFS were significantly more likely to use pain-relievers, anti-histamines and cold/sinus medications than were Well controls.

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Crawley E, Hunt L, Stallard P. Anxiety in children with CFS/ME. Eur Child Adolesc Psychiatry. 2009 Nov;18(11):683-9. PMID: 19452195

Although anxiety symptoms are high in CFS, particularly in teenage girls, it does not appear to be associated with school attendance or other measures of disability.

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Goedendorp MM, Knoop H, Schippers GM, Bleijenberg G. The lifestyle of patients with chronic fatigue syndrome and the effect on fatigue and functional impairments. *J Hum Nutr Diet.* 2009 Jun;22(3):226-31. PMID: 19226353

CFS patients tend to lead a healthier lifestyle compared to the general Dutch population.

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Edwards CR, Thompson AR, Blair A. An 'overwhelming illness': women's experiences of learning to live with chronic fatigue syndrome/myalgic encephalomyelitis. *J Health Psychol.* 2007 Mar;12(2):203-14. PMID: 17284485

Women were interviewed about how they learned to live with CFS.

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Jones JF, Maloney EM, Boneva RS, Jones AB, Reeves WC. Complementary and alternative medical therapy utilization by people with chronic fatiguing illnesses in the United States. *BMC Complement Altern Med.* 2007 Apr 25;7:12. PMID: 17459162

CFS patients frequently used complementary and alternative medicine treatments, including body-based therapy (e.g. chiropractic and massage) and mind-body therapy (e.g. prayer).

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Nater UM, Wagner D, Solomon L, Jones JF, Unger ER, Papanicolaou DA, Reeves WC, Heim C. Coping styles in people with chronic fatigue syndrome identified from the general population of Wichita, KS. *J Psychosom Res.* 2006 Jun;60(6):567-73. PMID: 16731231

Subjects with CFS and chronic fatigue reported significantly more escape-avoiding behavior than normal controls.

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Jones JF, Nisenbaum R, Reeves WC. Medication use by persons with chronic fatigue syndrome: results of a randomized telephone survey in Wichita, Kansas. *Health Qual Life Outcomes.* 2003 Dec 2;1:74. PMID: 14651754

In a study in Wichita, Kansas, CFS subjects were more likely to use any drug category than controls ($p = 0.0009$). Pain relievers and vitamins/supplements were the two most common agents listed by both groups. In addition CFS persons were more likely to use



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pain relievers, hormones, antidepressants, benzodiazepines, gastro-intestinal, and central nervous system medications.



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M.E. SUFFERERS

Media Coverage

“Voices from the Shadows”

<http://voicesfromtheshadowsfilm.co.uk/>

Review by Scott Jordan Harris for RogerEbert.com (February 10, 2012):

<http://www.rogerebert.com/far-flung-correspondents/a-howl-of-desperation-for-those-who-cannot-howl>

Comment by Stanford’s Jose Montoya, M.D., about the film:

http://www.mediafire.com/download/3k74cq9pd2k67pw/Jose_Montoya.pdf

“I Remember M.E.”

<http://www.youtube.com/watch?v=401--WCB5dc>

http://en.wikipedia.org/wiki/I_Remember_Me

Review by Roger Ebert for the *Chicago Sun-Times* (December 7, 2001):

<http://www.rogerebert.com/reviews/i-remember-me-2001>

Review by Stephen Holden for *The New York Times* (November 9, 2001):

<http://www.nytimes.com/2001/11/09/movies/film-in-review-i-remember-me.html?scp=96&sq=%22chronic+fatigue+syndrome%22&st=nyt>



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“The Wedding Gift”

A 1993 BBC TV movie about a woman with CFS and the effect that the disease has on her marriage, based on the true story of Deric and Diana Longden.

<http://www.amazon.com/The-Wedding-Gift-Walters/dp/B004XVMCTE/>

Review by Roger Ebert for the *Chicago Sun-Times* (July 22, 1994):

<http://www.rogerebert.com/reviews/the-wedding-gift-1994>



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Laura Hillenbrand:

December 21, 2011

The Daily Beast

Laura Hillenbrand's Acclaimed Bestsellers Haven't Changed Her

By Sandra McElwaine

<http://www.thedailybeast.com/articles/2011/12/21/laura-hillenbrand-s-acclaimed-bestsellers-haven-t-changed-her.html>

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February 4, 2011

The New York Times

An Author Escapes from Chronic Fatigue Syndrome

By Tara Parker-Pope

<http://well.blogs.nytimes.com/2011/02/04/an-author-escapes-from-chronic-fatigue-syndrome/>

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November 28, 2010

The Washington Post

Laura Hillenbrand Releases New Book While Fighting Chronic Fatigue Syndrome

By Monica Hesse

<http://www.washingtonpost.com/wp-dyn/content/article/2010/11/28/AR2010112803533.html>

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November 10, 2010

USA Today

"Seabiscuit" Author Hillenbrand Back with True Tale "Unbroken"

By Deidre Donahue

http://www.usatoday.com/life/books/news/2010-11-10-hillenbrand10_CV_N.htm

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August 11, 2003



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People
Against The Odds
By Allison Adato

<http://www.people.com/people/archive/article/0,,20140762,00.html>



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Elisabeth Tova Bailey:

February 10, 2011
The New York Review of Books
Tigers, Humans, and Snails (Review)
By Tim Flannery

<http://www.nybooks.com/articles/archives/2011/feb/10/tigers-humans-and-snails/>

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January 22, 2011
The Yale Journal for Humanities in Medicine
The Sound of a Wild Snail Eating (Review)
By Howard Spiro, M.D.

<http://yjhm.yale.edu/reviews/rev-hspiros20110122.htm>

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September 13, 2010
CarolineLeavittVille
Elizabeth Tova Bailey Talks about the Sound of a Wild Snail Eating

<http://carolineleavittville.blogspot.com/2010/09/elisabeth-tova-bailey-talks-about-sound.html>

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September 10, 2010
Huffington Post
The Beautiful Sound of A Wild Snail Eating (Review)
By Nina Sankovitch

http://www.huffingtonpost.com/nina-sankovitch/the-beautiful-sound-of-a-_b_710413.html?view=print

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August 28, 2010
NPR
'The Sound of a Snail': A Patient's Greatest Comfort



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<http://www.npr.org/templates/story/story.php?storyId=129475625>



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Roger King:

June 11, 2012

Gwarlingo

What Makes a Healthy Life? Writer Roger King Explores Love & Fatigue in America

By Michelle Aldredge

<http://www.gwarlingo.com/2012/roger-king-explores-love-and-fatigue-in-america/>

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May 9, 2012

A Conversation with Roger King and Wilhemina Jenkins

http://www.youtube.com/watch?v=xXtfWwZ7aTs&list=UUzrFQHNIcc_6AMpw_GpWZO&index=1&feature=plcp

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April 30, 2012

The New Yorker

“Love and Fatigue in America”

http://www.newyorker.com/arts/reviews/brieflynoted/2012/04/30/120430crbn_brieflynoted4

<https://www.facebook.com/photo.php?fbid=274529555970771&set=a.176868659070195.40782.100002411875568&type=1&theater>

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April 25, 2012

State Journal-Register

Book Notes: “Love and Fatigue in America”

By Rae Francoeur

<http://www.sj-r.com/mysource/entertainment/x787571970/Book-Notes-Love-and-Fatigue-in-America>

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March 30, 2012



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The Times Literary Supplement (UK)
Roger King, "Love and Fatigue in America"
By Eric J. Iannelli

<https://www.facebook.com/photo.php?fbid=273745352710229&set=a.114221118662654.26341.100002243003615&type=1&theater>

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March 12, 2012
Publisher's Weekly
Love and Fatigue in America

<http://www.publishersweekly.com/978-0-299-28720-7>



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Peter Hobbs:

April 27, 2012
Maclean's
Out of Illness, a Vital Creative Life
By Noah Richler

<http://www2.macleans.ca/2012/04/27/out-of-illness-a-vital-creative-life/>

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April 27, 2012
The Globe and Mail (Canada)
Tried By Horrible Disease, Peter Hobbs Turns To Writing
By John Barber

<http://www.theglobeandmail.com/news/arts/books/tried-by-a-horrible-disease-peter-hobbs-turns-to-writing/article2415993/>

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April 27, 2012
Montreal Gazette
Peter Hobbs Arrived At One Of The Year's Best Books The Hard Way
By Ian McGillis

<http://blogs.montrealgazette.com/2012/04/27/peter-hobbs-arrived-at-one-this-years-best-books-the-hard-way/>



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Michael Crawford:

March 14, 2012

ABC Brisbane

Michael Crawford: The Story Of My Life

By Katy Higgins-Devine

<http://blogs.abc.net.au/queensland/2012/03/michael-crawford-the-story-of-my-life.html>

Host: How did it feel then when you found that you had Chronic Fatigue Syndrome?

Michael Crawford: Obviously it hit me hard. I was doing a musical called Woman in White, an Andrew Lloyd Weber musical about five years ago. I created for this character what I thought was the most wonderful costume, this great big fat suit. I played this Italian count, Count Fosco. I thought it was just the bees' knees, being so clever. I used to lose about a pint of water a night in this suit. Slowly I became more and more unwell - I damaged my immune system. I lost nutrients and things from my body. I got this virus and thought it was flu, and everyone else thought it was flu. Two or three weeks later, I still had the same condition. There was aching, tiredness, fatigue, and I just couldn't get better. So I started lots and lots of tests. And to this day, with doctors, there's not too much understanding of the condition. And thousands and thousands of people have it, thousands of young children have it. It's quite -- it's so debilitating for a child not to have the strength to go and play with other children or to have a normal life. They'll offer some medication that will maybe buck you up or something. That didn't seem like a very good solution to me, because they really didn't know what they were giving me. So I decided just to go. I went out of London and to New Zealand. I bought a house there, being fortunate enough to be able to do so. I got a small boat and I changed my lifestyle completely. I took every bit of pressure that I could out of my life. And I sailed, I grew vegetables, I smelled the roses for a couple of years. And by golly, I got better. My life started to change and I got more strength back. I felt well enough 18 months ago to go back and do The Wizard of Oz in London, at the London Palladium. I've just finished, and hopefully I'm going to retain this feeling.

Host: New Zealand's good for you. It's a beautiful place.

Michael Crawford: Yes, it is. Good fresh air.

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March 11, 2012

Daily Mail (UK)



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My Idyllic New Life, By Michael Crawford: Moving to New Zealand Restored Star's Health
By Richard Shears

<http://www.dailymail.co.uk/tvshowbiz/article-2113684/Michael-Crawford-Moving-New-Zealand-restored-stars-health.html>

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March 11, 2012
The Sunday Telegraph (Australia)
The Secret Life of Phantom Star
By Jonathon Moran

<http://www.news.com.au/entertainment/celebrity/the-secret-life-of-a-phantom-star/story-e6frfmqi-1226296026514#ixzz1ok1SpjNk>

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March 4, 2011
Daily Mail (UK)
I Was So Ill I Thought My Career Was Over: Michael Crawford Reveals the Very Personal Reason Why He's Back on Stage
By David Wigg

<http://www.dailymail.co.uk/femail/article-1362592/Michael-Crawford-reveals-personal-reason-s-stage.html>



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Sophie Neville:

May 3, 2012

Stroud News & Journal (UK)

“I Was Forced To Take Stock of My Life” -- Bestselling Author Speaks to the SNJ

By Chris Wayne

http://www.stroudnewsandjournal.co.uk/news/9685926._I_was_forced_to_take_stock_of_my_life____bestselling_author_speaks_to_the_SNJ/



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Politicians & Celebrities:

February 2, 2012
Honolulu Star Advertiser
Okamura Stepping Down From House, Cites Health Reasons
By Derrick DePledge

<http://www.staradvertiser.com/news/breaking/138607064.html>

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January 26, 2012
Sun-Star (Philippines)
Seares: When Miriam Santiago Rumbles....
By Pacico A. Seares

<http://www.sunstar.com.ph/cebu/opinion/2012/01/26/seares-when-miriam-santiago-rumbles-202596>

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November 11, 2011
Counterpunch
Flying Solo with Keith Jarrett
By Jeffrey St. Clair

<http://www.counterpunch.org/2011/11/11/flying-solo-with-keith-jarrett/>

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November 1, 2010
Ecologist
Campaign Hero: Countess of Mar
By Tom Levitt

http://www.theecologist.org/how_to_make_a_difference/cleaner_air_water_land/658600/campaign_hero_countess_of_mar.html



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Athletes:

May 4, 2012
ABC radio (Melbourne)
Linley Frame: Olympian and Chronic Fatigue Sufferer
By Lindy Burns

<http://www.abc.net.au/local/audio/2012/05/04/3495770.htm>

http://www.mediafire.com/download/75q3cjb9eeeeer17/Linley_Frame_Interview.pdf

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March 1, 2012
This Is Hampshire (UK)
Olympian's Bid to Inspire
By Simon Moss

http://www.thisishampshire.net/news/9563383.Olympian_s_bid_to_inspire/

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December 25, 2011
Youngstown News
Former YSU Recruit Kaitlin Rohrs Battles Rare Disease Head On
By Joe Scalzo

<http://www.vindy.com/news/2011/dec/25/making-her-mark/>



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Life with CFS:

June 23, 2013
Telegraph (UK)
Emily Didn't "Only" Have ME
By Naomi Whittingham

<http://www.telegraph.co.uk/health/10137694/Emily-didnt-only-have-ME.html>

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March 27, 2012
Persephone Magazine
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By Catherine Clavering

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